

# KENTON INVITATIONAL POWERLIFTING MEET

## Regional Qualifier - 2017

**DATE:** Saturday - January 28, 2017

**FOR:** Middle School and High School Athletes

**PLACE:** Kenton Athletic Facility

**WEIGH INS:** 8:00 a.m. - 9:30 a.m.

**TIME:** Competition Begins at 10:00 a.m.

**BOY DIVISIONS:** Lightweight, Middleweight, and Heavyweight

**WT. CLASSES:** 125, 135, 145, 155, 165, 175, 185, 195, 210, 225, 250, Unlimited

**GIRL DIVISIONS:** Lightweight and Heavyweight

**WT. CLASSES:** 115, 125, 135, 145, 155, 175, 195, Unlimited

**EVENTS:** Bench/Squat/Deadlift - Three attempts at each event

**ENTRY FEE:** \$10

**RULES:** Ohio High School Powerlifting Meet Rules

**REQUIREMENT:** Permission Slip Signed by Parent or Guardian

**AWARDS:** Medals in Each Weight Class for 1st - 5th Place (Girls)

Medals in Each Weight Class for 1st - 10th Place (Boys)

**TEAM AWARDS:** Trophies to the Top Four Boy Teams

Trophies to the Top Two Girl Teams

**ADMISSION:** \$5 for Adults and \$4 for Students

**CONCESSIONS:** Will be Provided

**T-SHIRTS:** Will be Available

**MEET DIRECTOR:** Chuck Moore 419- 673-1286